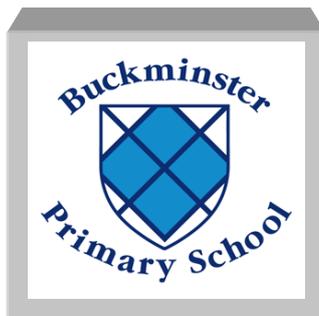


This week's merit certificates are awarded to;

ALL NHS AND CAREWORKERS
IN OUR COMMUNITY and in the
UK
THANK YOU



'Buckminster Bites'

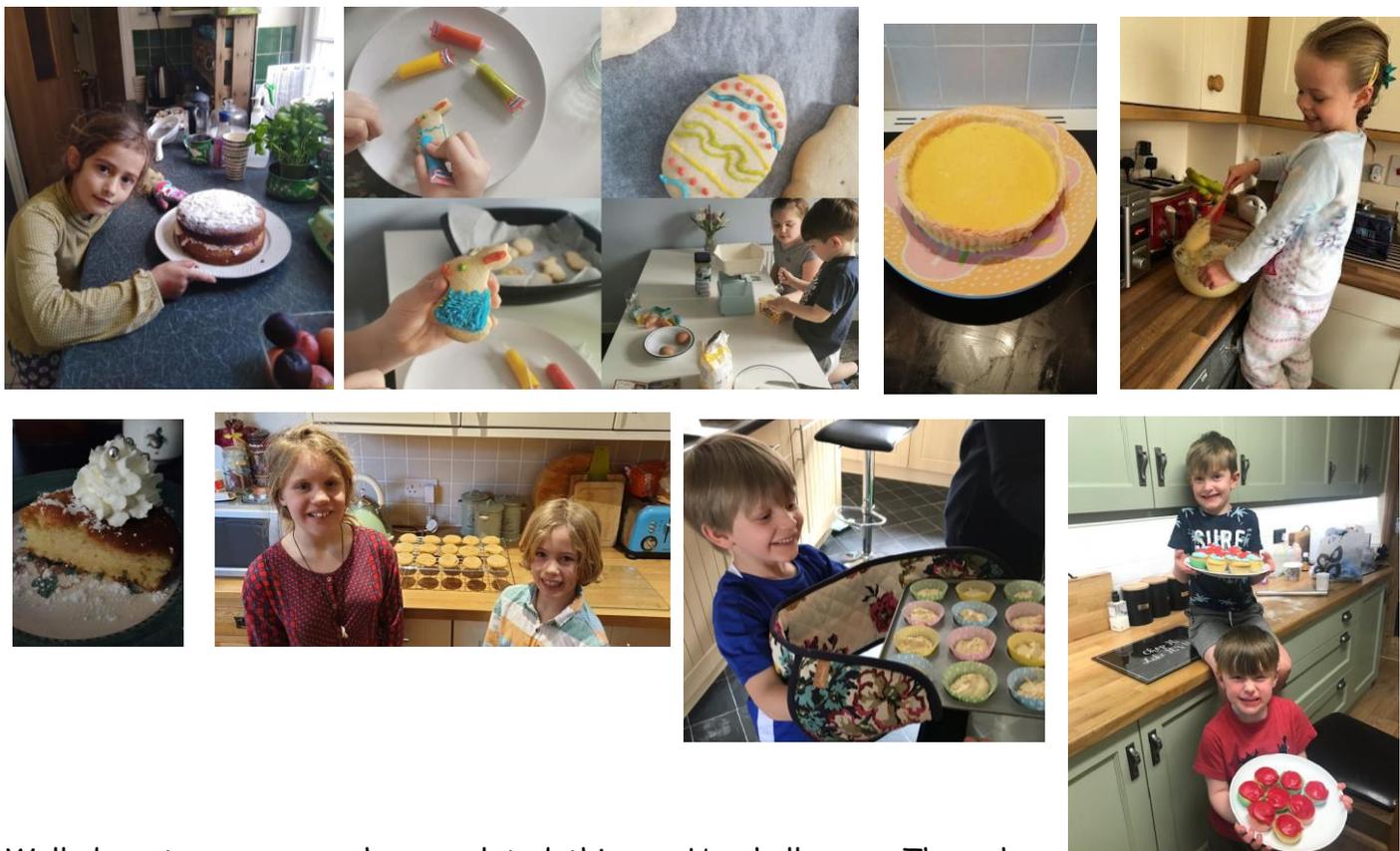
Twitter @BucksPrimSchool

Issue 260 3rd April 2020

School Closed from Friday 20th March 2020
Until further notice.

Weekly Challenge - Baking/Cooking





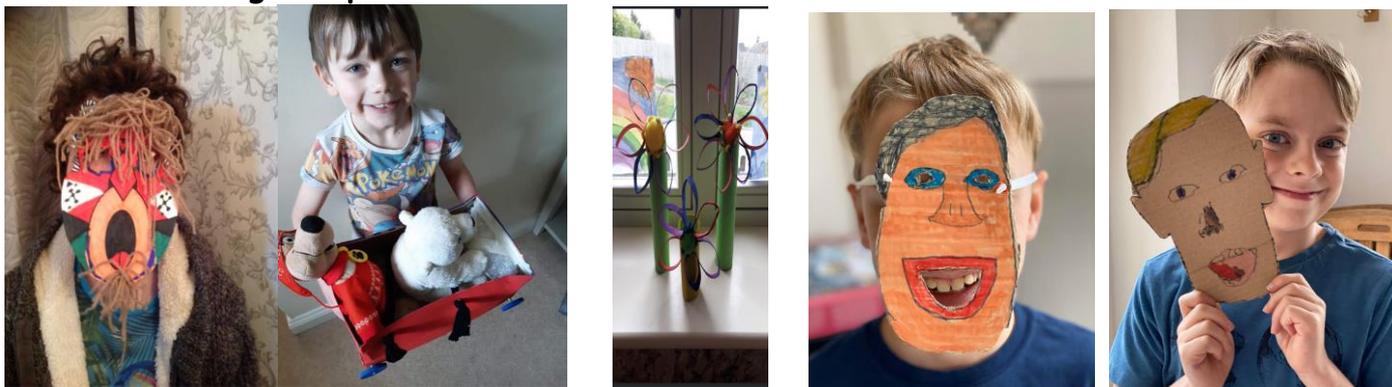
Well done to everyone who completed this week's challenge. There has certainly been a lot of baking going on!

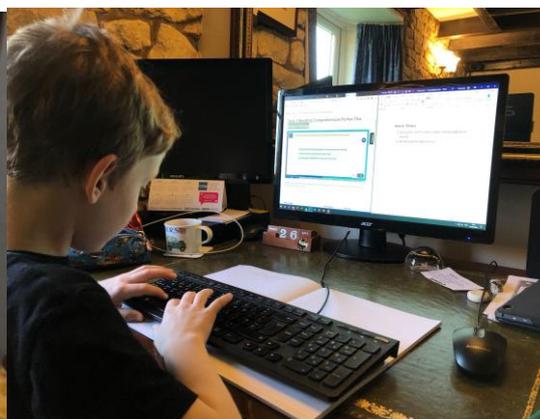
Sorry if your photo has not been included. We are trying to keep up with posts but it is difficult as we have sooooo many!

Home Learning - summer term

Teachers will not be adding any further work onto the website and will not email you through the Easter holidays as I think we all need a break!! Towards the end of the holiday however, teachers will begin to add new learning opportunities ready for the beginning of the summer term. Teachers will be planning more 'project based' activities which will require less printing of worksheets (although there might still be a few). Projects should last from one to two weeks on average and will incorporate many different areas of the curriculum. Teachers will guide you through this so do not worry and if certain work is not completed or you decide to go outside instead. Tidying the shed, going for a walk or building a den in the garden are great things to do so don't be afraid to change your plans depending on the weather or how you feel as a family each day. These are stressful times so don't make home learning stressful too.

Here are some great photos from this week





Stay Safe Online

Useful websites to have a look at:

<https://www.net-aware.org.uk/>

https://www.internetmatters.org/?gclid=EAIaIQobChMIktuA5LWK2wIVRYXVCh2afg2aEAAAYASAAEgIJ5vD_BwE

<https://www.lgfl.net/online-safety/default.aspx>

<https://www.thinkuknow.co.uk/>

Scams/Fraud

Please be aware that there is unfortunately a lot of cyber and fraudulent crime at the moment. If you are eligible for free school meals, you will be contacted by school and school only. Please do not accept any communication from anyone else claiming they can provide you with meals and certainly do not give any personal details such as child's name, school or bank details. Stay safe

Year 6 Leavers Day

It is still uncertain as to whether schools will re-open before the end of the academic year. If we do then we will ensure we have the best end of year celebrations for everyone but especially for our Year 6 children who will be moving onto their new schools in September. If we do not open again this year, all year 6 children and their families will be invited back to a special celebration event on a Saturday (date to be confirmed once we have more information on the Coronavirus situation). Penny Newton (Ben's mum) is already organising hoodies for all Year 6 children and these will be presented to the class at the next available time when we are all together. Watch this space!

Teacher Contact

If you have a question or query regarding your child's home learning, please try to contact the teacher rather than a friend/teacher who does not teach your child. Some members of staff are becoming a little overwhelmed with questions as well as having to work and educate their own children. Thank you

Remember - after Easter all year 5 children will be working with Mrs Smith and all Year 1 & 2 children will be working with Mrs O'Callaghan. They will email you soon so you have their contact details.

If you have not contacted your child's teacher yet, try to give them a quick message to say all is fine (or not!!) and perhaps get your child to write a short message as well. Teachers want to keep in contact with everyone throughout this difficult time.

Physical activity
for children and young people
(5 – 18 Years)

- BUILDS CONFIDENCE & SOCIAL SKILLS
- DEVELOPS CO-ORDINATION
- IMPROVES CONCENTRATION & LEARNING
- STRENGTHENS MUSCLES & BONES
- IMPROVES HEALTH & FITNESS
- MAINTAINS HEALTHY WEIGHT
- IMPROVES SLEEP
- MAKES YOU FEEL GOOD

Be physically active

Spread activity throughout the day

Aim for at least **60** minutes everyday

All activities should make you breathe faster & feel warmer

PLAY

RUN/WALK

BIKE

ACTIVE TRAVEL

SWIM

SKATE

SPORT

PE

SKIP

CLIMB

WORKOUT

DANCE

Include muscle and bone strengthening activities **3 TIMES PER WEEK**

Sit less

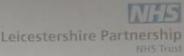
LOUNGING

Move more

Find ways to help all children and young people accumulate at least 60 minutes of physical activity everyday

UK Chief Medical Officers' Guidelines 2011 Start Active, Stay Active: www.bit.ly/startactive

Advice and Support from the NHS School Nurse Service

Healthy Together  Health for Kids!  NHS Leicestershire Partnership NHS Trust 

What does this mean?

You can get confidential health advice on a range of areas, including:

- Healthy eating
- Child development
- Emotional health
- Behaviour difficulties
- Parenting concerns
- Family health



How does it work?

The service is available **9am to 5pm every weekday**, excluding bank holidays. All texts will be responded to by a public health nurse (health visitor/school nurse) within 24 hours. Outside of the service working hours, you'll receive a message back to inform you that your text will be responded to once the line reopens.

Should you require urgent health advice in the meantime, contact your GP, visit an NHS walk-in centre, use the online 111 service or call NHS 111. For emergencies, call 999 or visit A&E.

Get more coronavirus linked information, support and advice



Healthy Together  Health for Kids!  NHS Leicestershire Partnership NHS Trust 

ChatHealth

Due to the Coronavirus (COVID-19) outbreak, you may not be able to see your Public Health (School) Nurse face-to-face for advice about your school aged child.

Leicestershire Partnership NHS Trust runs a dedicated, confidential and secure text messaging service called ChatHealth for parents and carers of children aged 0-19, which enables you to get professional health advice and support.

This service will be continuing throughout the school closures

Getting in touch

If you live in Leicester city, text your Public Health (School) Nurse on:

07520 615 381

If you live in Leicestershire and Rutland, text your Public Health (School) Nurse on:

07520 615 382

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After Easter

We will share our plans for reporting your child's progress and attainment for this academic year and will have a clearer format for this year's written report which is usually sent home a week before the end of the summer term.

Thank you for all you are doing to keep yourselves safe and that of the staff at Buckminster School by staying at home.

We appreciate your support and feedback regarding home learning and we will continue to work closely with you all over the coming weeks.

Have a relaxing Easter break and I don't think we should feel guilty if we eat a few Easter Eggs this year
We all deserve one (or two)!!