

This week's merit certificates are awarded to;

There were no certificates given out this week due to rehearsals taking priority



'Buckminster Bites'

Twitter @BucksPrimSchool

Issue 207 7th December 2018

Dates for your diary

Monday 10th Dec - 2pm and 6pm - Year 1-6 Performances

Tuesday 11th Dec- 2pm and 6pm - FS1 and FS2 Performances

Wednesday 12th Dec - 9.10am Year 2 Musical Assembly

- 6pm - Year 1-6 Performance

Thursday 13th Dec -

Friday 14th Dec - Christmas Jumper Day; Year 1, 2 and 3 Swimming

Buckminster School, where children become Inspirational Learners

Sarah Outen - Inspire+ visit



Sarah visited us this week and talked about the importance of being healthy and all the different things we can do to improve our lives.

PEAK Programme (Prevention Education and Knowledge)

Ali presented an assembly all about relationships; how we make them, keep them and deal with inappropriate relationships.



Well done to the four year 6 children who took part in the quiz.

Hi parents - why not come with the kids for great fun - and earn sponsorship for the school!
Melton Rotary

Santa Fun Run (or walk!)

9th December 2018, 11am
Melton Country Park
2 routes: 5km or 1 mile

Raise money for your own Charity, Club or School

Entry: Adults £10, children 5-12 £5, under 5s free
Free Santa Suits for all paying entrants
Medals for all at the finish
Best dressed Christmas Dog competition

All your SPONSOR money goes to YOUR OWN Charity, Club, etc.

For more information and to enter
www.meltonsantafunrun.co.uk

Or follow us on Facebook and Twitter



Rotary
Club of Melton Mowbray

Rotary helping our local community

All money raised from entry fees goes to charities supported by The Rotary Club of Melton Mowbray Trust Fund, Charity Commission registered number 1016947

Farm helpers

Please can Year 1 children bring their wellies to school next week if they want to help on the farm.



FESTIVE LUNCH

The Festive Lunch is an opportunity for all of the children and staff to enjoy a special School Lunch together on Tuesday 18th December. Thank you to those who have already indicated that their child would wish to join us. **Please may we ask that payment for the lunch is made by Monday 10th December.**

If you have not already booked in and your child would wish to join us then please could you contact the office by Monday 10th December.

Parents of FS2, Year 1 and 2 Children - the Festive Lunch will be covered by the Universal Free School Meal scheme for KS1 children so there is no charge to parents.



CHRISTMAS FAIR

The Christmas Fair at Sewstern Village Hall on the 30th November was a great success, may we thank Mrs Speck for organising such a fantastic event. Mrs Speck raised £107.00 for Buckminster School Farm and would like to say a special thank you to Miss Gibbons and Georgina Morris for all of their help which contributed to the success of the evening.

Mrs Floyd and Mrs Gough held a stall at the Christmas Fair selling beautiful hot chocolate and cake jars. They raised a fantastic £90.00 so far for the Pre-School which will be spent on valuable resources for the children. Mrs Floyd and Mrs Gough were also holding a raffle to win a teddy bear supplied by Mrs Speck. **There are numbers still available and the winner is due to be drawn on Monday 17th December. Please pop into the Office to buy a square for £1.00 for your chance to win!**



Route to Resilience Parent Survey

Thank you to everyone who took the time to fill in the survey. We will collate the information given and then begin work with parents and children after Christmas.

CHRISTMAS CARD RECYCLING

We are entering a Competition this Christmas in conjunction with FlameUK and Inspire+ with a chance to win £350.00 for the Inspire+ Charity and our School. The winner will be the School with the highest percentage of Christmas Cards recycled which is not only fantastic for the environment but also puts us in the running to win a great prize. There will be recycling bags in the foyer when we are back in January so please bear us in mind in the post-Christmas tidy!



SCHOOL PHOTOGRAPHS

The order has been delivered to School today and the photographs will be sent home with the children in their bookbags at the beginning of week commencing 10th December.

Name the Gritter competition



THE WINNING
NAME WILL BE
PUT ON THIS
GRITTER

ENTRY FORM

What type of entry is this?

☐ A class entry ☐ A whole school entry ☐ An individual entry

Gritter name:

Name of pupil:

Name of teacher:

Name of class:

Name of school:

School email address:

The deadline for entries is Friday 21 December 2018.

The winner will be notified early January 2019.

SEND YOUR ENTRY TO:

Name the Gritter Competition, Room 400, Leicestershire County Council,
Have Your Say, FREEPOST, NAT18685, Leicester, LE3 8XR

Good luck!

Beating the bugs in school this winter

With children learning and playing in close proximity, primary schools can be a breeding ground for illnesses like colds, flu and the winter vomiting bug Norovirus, particularly during the run up to Christmas as children get tired and run down.

Here are some simple steps you can share with your pupils as well as with parents and carers, to help reduce the risks of them becoming poorly, and of spreading infection to others.



Good handwashing

Remind pupils to wash their hands regularly using soap and warm water, especially after using the toilet and before eating.

For handwashing to be really effective, rub your hands together until the soapy lather appears. Then take time to rub each palm over the back of the other hand, rub between the fingers on each hand, rub around each of your thumbs and rub your hands with the fingers together. Finally rinse and dry your hands with a clean towel or hand dryer.

If you're washing your hands properly, you'll have time to sing 'Happy Birthday' twice while doing it.

More advice about handwashing can be found on the [Health for Kids website](#). You may like to share this short '[Soaper Heroes](#)' film (from University Hospitals of Leicester) with pupils, as it emphasises good handwashing as best protection from the spread of germs.



Coughs, colds and flu

Encourage children to use tissues rather than their hands to trap germs when they cough or sneeze. The used tissues need to be binned as quickly as possible as germs can live on surfaces for 24 hours, sometimes longer. Children can find out more from the [Health for Kids](#) website.



Flu is a highly contagious viral infection that spreads through coughs and sneezes.

The nasal flu vaccine is a really important way for children to not only protect themselves from the flu, but also friends and family, including younger siblings. It's administered as a simple, painless nasal spray – no needles involved!

Parents are sent an [information leaflet](#) about the nasal flu vaccination with the consent form. [Health for Kids](#) has child-friendly version of this information, as well as a link to the [Flu Heroes](#) film.

Find out [when the immunisations team will be visiting your school](#).

Norovirus and sickness bugs

Norovirus is often known as the 'winter vomiting bug' because there tend to be more cases during the winter months. Norovirus and sickness bugs are highly contagious, so if pupils do come down with it, they should stay at home for 48 hours after the last episode of vomiting or diarrhoea.

There's not much that can be done to treat Norovirus; symptoms generally last a couple of days. Children should drink plenty of water, and can be given liquid paracetamol to help with feverish aches and pains. To stop the virus spreading, they should avoid going to the GP or to Accident & Emergency. If symptoms last longer than a few days, call NHS111. For more advice, visit [NHS Choices](#).

