This week's merit certificates are awarded to;

There are no Merits this week due to the Talent Show





# 'Buckminster Bites'

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Issue 218 15th March 2019

# Dates for your diary

Monday 18<sup>th</sup> March – Tuesday 19<sup>th</sup> March – Some Yr 5&6 Tag Rugby at Belvoir Wednesday 20<sup>th</sup> March – Some Yr 3&4 Volleyball tournament at Brooksby Thursday 21st March – Brass Lesson Year 5&6 Friday 22nd March – Yr 1&2 Family assembly

# "Buckminster School, where children become Inspirational Learners"

# This week's Character Skill – Ambitious

We always want the best for our children, but how can we encourage them to use their own initiative and develop an ambitious mindset? Dr Kathryn Weston explains

When it comes to our children, we are always happy to invest in opportunities that will benefit them in later life. But how can we ensure that they develop their own ambitions over time? There are many things that parents can do to set them on the right track from an early age.

#### 1. Take the lead

By aiming high yourself, you set the tone – even talking about your own achievements can be impactful. We can't expect our children to be go-getters if we lounge around on the sofa all day!

## 2. Practised parenting

The way you parent can also affect your child's behaviour and outlook. You can be super strict (authoritarian), loving but firm (authoritative), or laid-back, allowing children maximum freedom (laissez-faire). Research suggests that authoritative parenting (loving but firm) is strongly associated with successful children, as those raised in this way are more likely to thrive academically, socially, and are less likely to take unhealthy risks as teens.

## 3. Set goals

Introduce your child to success stories that might inspire them, and to role models from areas of life in which they have an interest. Encourage them to think about the effort that has gone into their heroes' success - what

matters is that your child sees their own potential reflected in them. Seek out books that challenge gender stereotypes, emboldening children to adopt an approach to life that is highly aspirational. Children can only aspire to what they know exists. How can they be inspired to apply to university if they've never visited a university? By broadening their horizons, they begin to put places and names to goals and challenges.

#### 4. Attune to who they are

You might be tempted to plant ideas into your child's head about their future career. However, many of today's jobs will be unrecognisably different, or even non-existent by the time they leave school. A better approach is to attune to their interests, help them develop these and adopt a flexible attitude towards a career that inspires them.

#### 5. Teach them to fail

Aiming high will mean failing occasionally, but it's how your child responds to it that matters. They might immediately give up, or shrug it off and consider what they need to change for next time. This resilient attitude exemplifies a growth rather than a fixed mind-set (as advocated by psychologist Carole Dweck), and her research suggests that children who persevere when things gets tough and commit to learning from failure, are more likely to be successful.

#### 6. Help them chart progress

You are never too young to write a CV! My 11-year-old thinks nothing of adding to his whenever he achieves something. He has been taught to record his own progress, and understands the importance of communicating his achievements to others one day. His CV also gives him physical evidence that he is always achieving new things and encourages him to set new challenges.

#### 7. Pick up the phone

A useful skill we can give our children is teaching them to pick up the phone and ask. It's a skill that is being devalued in this digital age, but is invaluable if you want to inspire a proactive approach. If your child has a particular interest or passion, encourage them to pick up the phone to find out more. If they are interested in animals, for example, they could call a local veterinary practice and ask to come in and chat to a vet. They will quickly learn that the world responds positively when they reach out. After all, everyone loves a bit of initiative!

## Red Nose Day

Thank you to everyone who has donated to Comic Relief.

# The total raised so far is £.95



# Great British Athlete Sponsorship Money - Emily Campbell Visit



The children had a fantastic morning with Emily (British weightlifting champion).

Thank you so much to everyone who brought in their sponsor money – we haven't got a total yet but we are thrilled with the amount so far.

If you have sponsor money still at home/to collect then please can you donate online as it is too late to bring it into school. Thank you

www.inspiredthroughspo rt.co.uk

PTFA EVENT



Friday 29<sup>th</sup> March

At

Buckminster Village Hall – 6pm

# DONATIONS NEEDED PLEASE

for prizes

# Buckminster Has Talent

Well done to all the children who entered the talent show. We have so many brave and talented children in Buckminster School.

First place ---- Lorriena

Second place ----- Holly, Sophie, Elsie, Heidi, Brooke and Eva.

Third place----- Alexander.

# A few important dates

24<sup>th</sup> May - Year 5/6 Family Assembly 2.45

18<sup>th</sup> June - School Sports Day 1.15

2<sup>nd</sup> July - Annual School Triathlon Event. Times to be confirmed

## Vale Choral

The Year 4 children sang their hearts out at the Vale Choral performance on Wednesday. We are very proud of you all for your dedication and beautiful voices.

(Please could the children return their t-shirts to School which they wore at the Performance on Wednesday, thank you).



# Soft Ball





