

## WEEK 7 PLAN (18.5.20) – MENTAL HEALTH AWARENESS WEEK

### WEEK 7 ACTIVITIES – The final week of the half term!

A HUGE well done to everybody for all your amazing efforts – however much school work you have or haven't completed, I know that you are all just doing your best to get through these very difficult times.

As always, remember that there is no expectation to complete the tasks – just do as much as is achievable for your family.

18<sup>th</sup> – 24<sup>th</sup> May is Mental Health Awareness week – this year's theme is **KINDNESS**. I have attached a booklet with lots of activities – there are lots of different types of things to do from colouring to scavenger hunts to quizzes. Hopefully something to suit everyone – but at the very least will hopefully remind us to be kind to ourselves and each other.

Maths files are attached as per previous weeks (option 1 & 2). There should still be plenty of activities left on the other subject grids. However if you need anything else or this isn't working for you / your child, please let me know.

### KEY To Activities

Online activity

look at activity online, write answers in the book (or print a few sheets)

Only requires a piece of paper    Computer not needed for activity

### Mental Health Awareness Week

Mental Health Website and Resources (If you need any more support in this area, please contact school and we will help in any way we can)

<https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week/faqs>

### WEBSITES

Please find attached several useful websites to support the plan & learning

- Purple Mash <https://www.purplemash.com/sch/buckminster>
- Maths / English: <https://kids.classroomsecrets.co.uk/>
- English: <https://spellingframe.co.uk/> (choose year group)
- Maths: <https://www.themathsfactor.com/>
- Topic: Search 'Youtube Maya Civilisation' on google
- Topic: BBC Bitesize <https://www.bbc.co.uk/bitesize/topics/zq6svcw>
- PE: <https://family.gonoodle.com/> (family access is free)
- PE: <https://www.youtube.com/user/thebodycoach1> The Body Coach
- Coding: <https://code.org/minecraft> - choose an adventure
- Coding: <https://scratch.mit.edu/> (doesn't work on a tablet / phone)
- Coding: Scratch Tutorials / Guides  
<https://projects.raspberrypi.org/en/codeclub/scratch-module-1>
- Coding: Scratch Jnr (Free app – tutorials on youtube or Scratch Jr website)
- Coding: Tynker Games <https://www.tynker.com/hour-of-code/>
- ESafety: [https://beinternetawesome.withgoogle.com/en\\_us/interland](https://beinternetawesome.withgoogle.com/en_us/interland)
- Languages: Duolingo (free app) also works on a laptop - free
- Science: <https://www.reachoutreporter.com/>
- BBC Bitesize <https://www.bbc.co.uk/bitesize/primary>

	WEEK 7 - MATHS	WEEK 7 - ENGLISH	WEEK 7 - 'Other Subjects'	
Monday	<p>Option 1 – Page 30/31 Mental Strategies (you can copy the questions into books and record answers if you can't print)</p> <p>Option 2A (or Extra Maths) Place Value (or some puzzles from the challenge activities booklet)</p> <p>ONLINE LEARNING: Choose an activity on Classroom Secrets Kids or Purple Mash for additional online maths practise.</p>	<p>English</p> <p>Choose an activity from Summer Term English Writing Grid about 'The Explorer' (Chapter 1)</p> <p>(you should have completed activities 1,2,3 – if not do these first)</p>	<p>Maya <b>TOPIC</b> Grid</p> <p>Choose a task</p> <p>Web links see grid</p>	<p>PE – Joe Wicks / Family Go Noodle / Go outside</p> <p>See links above</p>
Tuesday	<p>Option 1 – Page 32 Mental Calculations +/- (you can copy the questions into books and record answers if you can't print).</p> <p>Option 2B (or Extra Maths) – Calculations add and subtract (or puzzles from challenge activities booklet)</p> <p>ONLINE LEARNING: Choose an activity on Classroom Secrets Kids or Purple Mash for additional online maths practise.</p>	<p>Spelling practise – choose an activity from 'Spelling Menu' pdf - (get a spelling list / words from spellingframe.co.uk / home school contact book / Y56 spelling words on website)</p> <p>See Summer Term GPAS Activities – follow instructions and choose a section</p>	<p><b>SCIENCE</b></p> <p>Choose an activity &amp; skill from the science grid or this week's extra tasks</p> <p>(or do some baking / gardening / looking at the stars – all science ☺)</p>	<p>Choose a <b>PSHE</b> activity or take time for Music / Hobby Time / Mindfulness / Creative / Art</p> <p>COMPLETE AN ACTIVITY FROM THE WELLBEING CHALLENGE PACK</p>
Wednesday	<p>Option 1 – Page 33 Mental Calculations (you can copy the questions into books and record answers if you can't print).</p> <p>Option 2C (or Extra Maths) – Calculations (or puzzles from Challenge Activities booklet)</p> <p>ONLINE LEARNING: Choose an activity on Classroom Secrets Kids or Purple Mash for additional online maths practise.</p>	<p>English</p> <p>Choose an activity from Summer Term English Writing Grid about 'The Explorer'</p> <p>(you should have completed activities 1,2,3 – if not do these first)</p>	<p>Maya <b>TOPIC</b> Grid</p> <p>Choose a task</p> <p>Web links see grid</p>	<p><b>COMPUTING</b></p> <p>Choose a task from the grid</p> <p>Web links see grid</p>

	WEEK 7 - MATHS	WEEK 7 - ENGLISH	WEEK 7 - 'Other Subjects'	
Thursday	<p>Option 1 – Page 34 Common Multiples (you can copy the questions into books and record answers if you can't print).</p> <p>Option 2 (or Extra Maths) – Choose some puzzles from Challenge Activities booklet</p> <p>ONLINE LEARNING: Choose an activity on Classroom Secrets Kids or Purple Mash for additional online maths practise.</p>	<p>Reading Activity – choose a task from the Summer Term Reading Activities Grid</p> <p>See Summer Term GPAS Activities – follow instructions and choose a section</p>	<p><b>SCIENCE</b> Choose an activity &amp; skill from science grid or this week's extra tasks (or do some baking / gardening / looking at the stars – all science ☺)</p> <p>Watch this week's news update on Reach Out Reporter <a href="https://www.reachoutreporter.com/?category=news_update">https://www.reachoutreporter.com/?category=news_update</a></p>	<p>PE – Joe Wicks / Family Go Noodle / Go outside</p> <p>COMPLETE AN ACTIVITY FROM THE WELLBEING CHALLENGE PACK</p>
Friday	<p>Option 1 – Page 35 Common Factors and Prime Numbers (you can copy the questions into books and record answers if you can't print).</p> <p>Option 2 (or Extra Maths) – Choose some puzzles from Challenge Activities booklet</p> <p>ONLINE LEARNING: Choose an activity on Classroom Secrets Kids or Purple Mash for additional online maths practise.</p>	<p>English</p> <p>Activity 3 from Summer Term English Writing Grid about 'The Explorer (Ch 1)</p> <p>(you should have completed activities 1,2,3 – if not do these first)</p>	<p><b>COMPUTING</b> Choose an <b>E-SAFETY</b> task from the grid</p> <p>See link above for additional games</p>	<p><b>SPANISH</b> – Duolingo has free lessons starting from beginner</p> <p>See webpage or free app to register</p> <p>COMPLETE AN ACTIVITY FROM THE WELLBEING CHALLENGE PACK</p>

### SOME EXTRA WEBSITES WHICH MAY BE OF INTEREST

Mental Health Website and Resources (If you need any more support in this area, please contact school and we will help in any way we can)

<https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week/faqs>

Coronavirus Update for Children

<https://www.childrenscommissioner.gov.uk/wp-content/uploads/2020/03/cco-childrens-guide-to-coronavirus.pdf>