This week's merit certificates are awarded to:

Darwin Class - Martha, Isabelle & Rupert.

Curie Class - Toby, Sophie & Autumn.

Attenborough Class - Bobby & Summer.

Einstein Class - Teegan, Alexa & Grace and all of Einstein for PE. Sports Infants - Martha.

Sports Juniors - Beau.





# 'Buckminster Bites'

Twitter @BucksPrimSchool

Issue 297 26th March 2021

## Dates for your Diary

Easter Holiday Sports Club - Monday 29<sup>th</sup> March to Friday 2<sup>nd</sup> April Easter Break - Monday 29<sup>th</sup> March to Friday 9<sup>th</sup> April Children Back to School - Monday 12<sup>th</sup> April

## Birthdays



Happy Birthday to Devon and Leo who both have an Easter Holiday Birthday! We hope you both have a lovely day.

### Communication



This is the QR code for the school website and will be somewhere on weekly Bites.



School now has a mobile phone specifically for use on trips/residentials, for staff who may be working from home and as an extra line for staff to use. <u>Please do not ring this number to speak to the office</u> unless you have been asked to do so. It is mainly for staff to ring out. If you cannot get through on the normal landline number, please leave a message as normal and will get back to you as soon as possible. It would be useful to store this number in your own phone so you recognise the number if it rings. 07759835467.

## Inspire + Legacy Challenge





This week, the KS2 children took part in a sporting challenge to mark the Inspire+ Legacy Tour 2021

The children had a fun afternoon competing in their School House Teams to complete the activities set by Buckminster School's Sports Ambassadors.

### School Houses

As part of a push to improve behaviour in school, particularly learning behaviours, we have reintroduced houses. Children across the school have been put into a particular colour house and can earn house points if they demonstrate our 5 Rs, respect, responsibility, being reflective, resourceful and resilient. They can also earn them by showing how hard they can work, try, help and show kindness towards others. The houses will also be used for whole school sporting events such as sports day.

### Names in school uniform

Please ensure your child has their name in all items of school uniform. It is essential children do not accidently wear the wrong clothes or that staff have to handle a pile of unclaimed jumpers at the end of the day.



### Healthy lunches

Giving your child a packed lunch which you know they will eat yet is healthy is a difficult job but please can we encourage you to provide as many healthy options as possible. It is also school policy that no sweets are to be bought to school in lunchboxes or for snack. If we see any, your child will be asked to take them home uneaten.



## Curie Class Medieval Day



Curie Class had a brilliant medieval day yesterday. Everybody looked great in their costumes and had a fun filled day of activities and dancing.

## Einstein Class - PE with Jack Medley from Inspire+



It looks like Einstein Class have had fun in Jack's PE class this Wednesday......!

## Roots to Food Day



The Reception children made a delicious Stromboli each



### Stromboli

An Italian-American savoury pastry

500g Bread mix (White or Brown)

200g Grated Cheese

1 tube Tomato Past

1 small tin Diced Pineapple

(you may wish to use diced peppers, ham, sweetcorn, tuna, capers, diced tomato, cooked sliced mushroom)

#### Method

- 1. In a large bowl mix the bread flour with warm water and bring together into a big ball.
- 2. Knead the bread with your hands for 10 minutes until the bread dough is smooth and soft (when you press the bread dough it should spring back)
  - 3. Prove the bread dough until it has doubled in size (preferably in a warm room)
  - 4. When the bread dough has proved knock back the dough to its original size
- 5. Divide the bread dough into 8 equal size portions. Roll each portion into a rectangle roughly 12cm wide x 25cm in length.
  - 6. Without cutting into the rectangle divide into 3 (top, middle, bottom)
- 7. In the middle of each rectangle start by placing a little tomato paste, cheese and pineapple. Fold the bottom away from you over the filling but not all the way to the top. Now place exact same filling again onto the middle and then fold the top part towards you to cover the filling.
- Place each Stromboli onto a greased tin or baking sheet and bake in the oven for 10-12 minutes at 190c.
  Enjoy warm.



Active Education in Health & Wellbeing

#### Teriyaki Chicken or Quorn with Bombay Noodles (serves 4)

4 Small Chicken Breast diced (or : 1 x 200g bag Frozen Diced Quorn) 1/2 tsp Dried Chilli Flakes 4tbls Light Soy Sauce 2tbls Clear Honey 4tbls Apple Juice 1 Red Onion thinly sliced 4 Spring Onion thinly sliced 50g Mangetout chopped in half 1 Whole Carrot peeled and sliced thinly 2 tsp Mild Curry Powder 1 tsp Turmeric 1 Red Pepper sliced 3 nests 200g Medium Egg Noodles 30g Fresh Ginger finely chopped 1 tsp Chopped Garlic 1 tbls Olive Oil

#### Method

1.Place the chilli, flakes, soy sauce, honey and Apple juice into bowl and whisk together to combine. Soak the noodles in a bowl in hot water with the curry powder and turmeric.

Water for steaming

- Place the chicken or Quorn into a clean bowl and add the garlic and ginger and stir together.
- 3. Heat a non-stick frying pan or saucepan or wok (with lid) until hot with a little oil
- 4. Sear the chicken in the hot pan for two minutes on each side, add 2 this water place the lid on the pan and steam for 90 seconds. Remove the lid carefully
- 5. Add the red onion to the chicken and steam for a further 1 minute with the lid on.
- Now remove the lid carefully again and add the mangetout, carrots, peppers, spring onion and teriyaki marinade (honey, soy sauce, apple juice, chilli flakes)
- 7. Steam with the lid on gently for 2-3 minutes to reduce.
- 8. Stir the drained noodles through the teriyaki chicken and steam with the lid on for a further 1 minute
- Remove the lid of the pan carefully and serve in to the centre of four plates.

Year 1-6 made a delicious dish of teriyaki chicken or Quorn with Bombay noodles.









## A lovely message from Darren at Roots to Food:-

I thoroughly enjoyed my visit to Buckminster Primary. The children were a pleasure to teach and cook with. The staff support was tremendous, thank you.

The Reception children enjoyed preparing their first Stromboli and were delighted to receive it cooked to take home. Year 1 and 2 adapted their cooking skills perfectly and managed to retain as many cooking techniques as they could remember throughout their cooking. Knife skills to include bridge and claw in particular were very well practised considering their age.

Year 3 and 4 were excited yet completely engaged. The children certainly had a good eye for attention to detail when chopping their vegetables. Teamwork amongst the children was excellent. The children were very proud to have created great tasting food and that was evident from the empty plates after tasting.

Year 5 and 6 were fantastic in every task, teamwork in particular. I was extremely proud of the way they handled their cooking skills, nutritional knowledge and cooking techniques. Their workshop ran like clockwork.

I do hope my visit has inspired the children to continue cooking at home and be creative with food. I am sure most will be looking forward to trying out the recipes at home.

Once again thank you for your kind words of feedback at the end of the school day.

Kind regards



Active Education in Health & Wellbeing rootstofood.com Tel: 07739 662952

## Co-Op Community Fund

This is a fantastic amount of money raised already from our supporters and the Co-Op. Thank you to everyone who has chosen us as their local cause. We have another 6 months of our fundraising year yet and will receive our final pay out in October so it would be fantastic if we could build on this total further. These funds are going to make such a difference to Buckminster Pre-School and Buckminster Primary School.

If you have yet to sign up for a Co-Op card and please visit coop.co.uk/membership or ask in store. We would be grateful if as many people as possible could choose us as their cause so please share with your friends and family.



### Hello Nicola Wright,

We're pleased to confirm that, **Buckminster Primary School**, has recently received its first payment from the Coop Local Community Fund.

To help you check your bank statement, details of your payment are below:

Amount: £765.47

### School Council







The KS1 School Council organised an Easter colouring competition. We have seen lots of lovely colourful entries and winners have been picked from each year group today and prizes given. The Year 3/4 School Council children made Easter Cards of Kindness. The Year 5/6 children from the School Council took part in a littler pick in the School grounds on Tuesday. They half filled a large bin bag just from 30 minutes work around the hedgerows. Well done in helping to keep the School a tidy and safe place.

### Buckminster PTFA - Easter Raffle



Thank you to everyone who bought tickets and for the kind donations for our Easter Raffle from Mrs Quanborough, Mrs Donohoe and Mrs McKeown. Your support means so much to us.

We have had some very happy winners today and we have raised a fantastic £195 for the benefit of all of the children in the School.

## Easter Goody Bags



Mrs Quanborough (Jacob and Freddie's Grandma) has also been very kind and generous in making every child in Pre-School and School an Easter goody bag for them to take home with them today.

We are overwhelmed by your thoughtfulness and we know they have made the children very happy.

## South Witham Garden Nursery







Here are some pictures of more daffodils growing from South Witham Garden Nursery. Snow who is also all dressed up in her hero costume from last week. Well done Snow you looked fab! Alexander, Henley and Benjamin's daffodils and Tom proudly showing his, which have come out in flower already.

## <u>Pre-School and Reception Children - Buckcraft Forest School in the Spinney - 14<sup>th</sup> April</u>

On Wednesday 14<sup>th</sup> April Carrie, our Buckcraft Forest School volunteer will be teaching the Pre-School and Reception children in the Spinney. Please therefore ensure that your child has appropriate outdoor clothes and a normal pair of shoes on that day. Please could they bring their wellies in a carrier bag with a spare pair of trousers in case!



## Pre-School



Would anybody have any pre-loved ride on tractors/cars which your child has now outgrown and would be willing to donate to our Pre-School?

The children would be very grateful now that the weather is looking better. They love to be in our outside area enjoying the fresh air as much as possible. Thank you.

## Dates for your Diary New dates will be added in red.

29th March-9th April - Easter Holiday.

12th April - Children back to School.

12th April - Teacher Led Clubs and Multi Sports Clubs commence.

14th April - Pre-School and Reception Children Buckcraft Forest School in the Spinney.

16th April - Primary School places offer day.

26th April - Parents' Evening Week.

26th April - Multi Sports Clubs only this week due to it being Parents' Evening Week.

3rd May - May Bank Holiday.

4th May - Teacher Led Clubs and Multi Sports Clubs continue until the 28th May.

6th May - Class Group photographs

31st May-4th June - Half Term.

7<sup>th</sup> June - Children back to School.

16th June - Year 3/4 Inspire+ Mini Olympics - details to follow.

16th June - Year 5/6 First Aid Training - details to follow.

9th July - School closes for Summer 3.20pm.

From all of the Staff at Buckminster School, thank you for all of your continued support.

We wish you all a very happy and peaceful Easter Break.

