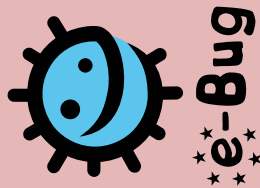


Horrid Hands

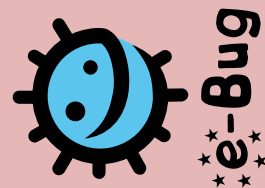
Quiz

1. Gather together your family
2. Someone will need to be the quizmaster and read the questions!
3. Teams/players must hold up one of the cards with their answer
4. The one with the most correct answers wins!

True



False



Quiz 1



We should only wash our hands once a day



We should never use soap to wash our hands



All the microbes on our hands are good for us



Soap can remove more microbes than washing with water alone

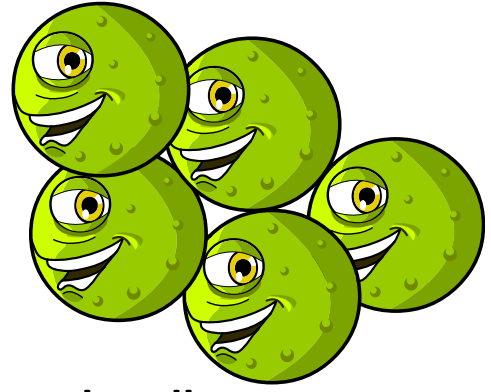


We should wash our hands after sneezing into them



Microbes can spread from person to person when we touch things

Quiz 2



You can pick up microbes from door handles



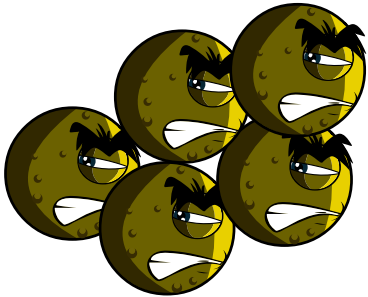
Washing our hands often can help stop us getting ill



There is no need to wash your hands before visiting friends or family in hospital



Microbes can hide in the oil of our skin to avoid being washed away



You should always wash between your fingers



All microbes on our hands are bad for us



There is no need to wash your hands often because microbes cannot live more than 5 minutes on many surfaces

Horrid Hands

Answers - Quiz 1

1. We should only wash our hands once a day

FALSE

We pick up microbes from the things that we touch, so we should wash our hands often.

2. We should never use soap to wash our hands

FALSE

Soap helps to remove bad microbes from our hands so we should always use soap to wash our hands.

3. All the microbes on our hands are good for us

FALSE

Microbes on our hands are both good and bad.

4. Soap can remove more microbes than washing with water alone

TRUE

Soap removes the oil on our hands, which washes away microbes. This removes more microbes than washing with water alone.

5. We should wash our hands after sneezing into them

TRUE

Sneezes contain bad microbes which can spread onto our hands when we sneeze.

6. Microbes can spread from person to person when we touch things

TRUE

Microbes are found on our hands and when we touch things, we can spread these microbes on to other people.

Horrid Hands Answers - Quiz 2

1. You can pick up microbes from door handles

TRUE

We pick up microbes from the things that we touch such as door handles, school desks or the floor.

2. Washing our hands often can help stop us getting ill

TRUE

Washing our hands is the best way to remove bad microbes from our hands that could make us ill.

3. There is no need to wash your hands before visiting friends or family in hospital

FALSE

We should wash our hands before visiting people in hospital so that we don't take bad microbes into the hospital that could make people ill.

4. Microbes can hide in the oil of our skin to avoid being washed away

TRUE

Microbes stick to the oil on our skin. This is why we should use soap to wash our hands, as it removes the oil and washes away the microbes.

5. You should always wash between your fingers

TRUE

Microbes are found between our fingers!

6. All microbes on our hands are bad for us

FALSE

Microbes on our hands are both good and bad.

7. There is no need to wash your hands often because microbes cannot live more than 5 minutes on many surfaces

FALSE

We should wash our hands often as microbes can live for up to 2 hours on some surfaces.