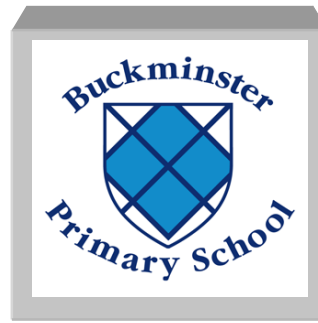


Well done to Liverpool FC



'Buckminster Bites'

Twitter @BucksPrimSchool

Issue 269 26th June 2020

School is now open to all key worker children and children in Pre-School, reception, year 1 and year 6



Birthdays this week

Happy birthday to Oliver L and Francesca A. Hope you had/will have an amazing day!

Weekly Challenge Number 11 - Games

Games



Please go to our Facebook page to see all the amazing photos.

Keeping children Safe

New links have been added to our website in the Mental Health and Wellbeing section which you may find useful. There is information about keeping children safe online and from abuse. Please take a look!

Summer Holiday Sport Club

There are still a few spaces left for your child(ren) to participate in our fantastic **Summer Holiday Sport Club.**

The club is open to all current Reception to Year 6 children (Year 7 in September)
Spaces are limited and offered on a first come first served basis so don't miss out!!

SUMMER HOLIDAY SPORT CLUB

Half Day Sessions with Mr Henson & Mr Floyd
£5 per child per session

3rd – 7th August & 10th – 14th August

See email for full details or call the office to book a place



Year Group Picnics/Sports Day Next Week



Please find below a reminder of the days and times of the Year Group Picnics/Sports Days at School next week.



Pre-School - 29th June 11 am races, 12pm picnic and leave by 12.45pm

(Graduation photos will be taken as well)

If your child normally attends in the morning, they may arrive at 9 or 11, it is up to you.

Year R - 29th June 1pm picnic, 1.45pm races and leave by 3pm.

Year 1 - 30th June 1pm picnic then races from 2pm. Leave by 3pm.

Year 2 - 1st July 11am races, 12pm picnic and leave by 12.45pm.

Year 3 - 1st July 1pm picnic, 2pm races and leave by 3pm.

Year 4 - 2nd July 1pm picnic, 2pm races and leave by 3pm.

Year 5 - 3rd July 1pm picnic, 2pm races and leave by 3pm.

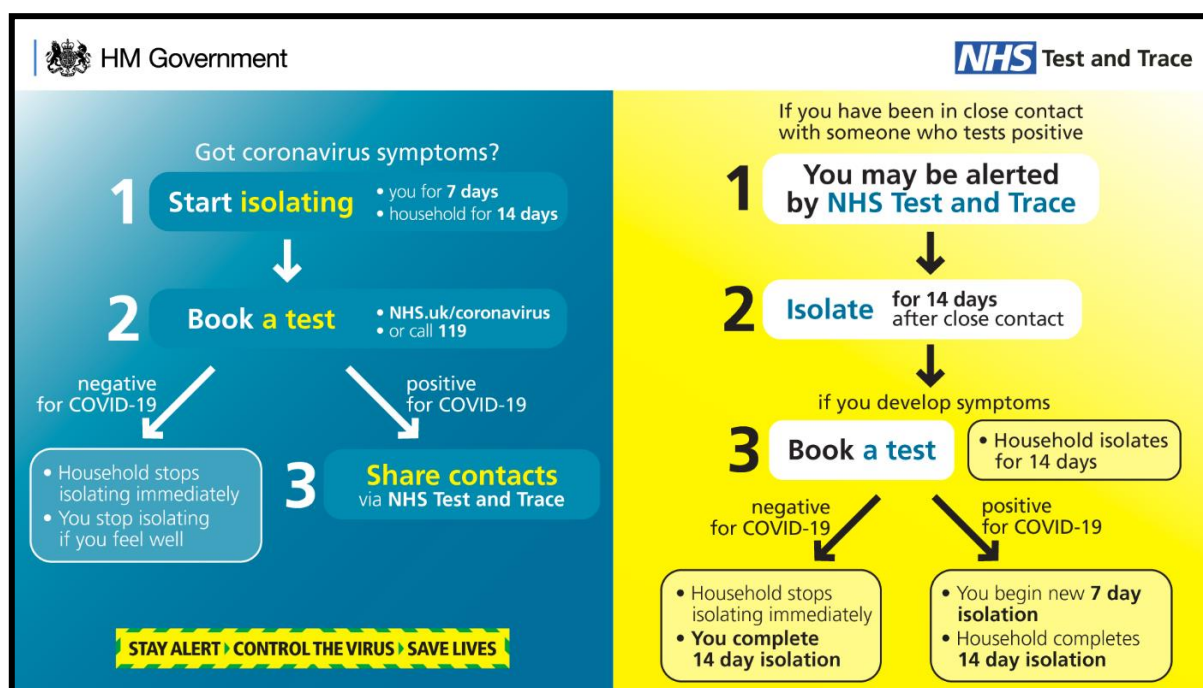
Year 6 - 7th July 12pm picnic, 1pm races, 2pm fun water fight (if warm). Pick up at 3pm. In school in the morning for those who are attending at the moment.

If you are joining us you will be able to collect your child's school books as well. If you cannot attend, we will contact you to arrange a convenient time for you to collect them or for us to deliver.

Whole School Art Project

Please bring any painted pebbles with you on picnic/sports day sessions and give to a member of staff and keep sending in those fab photos for the canvas.

Government Test and Trace Information





JOYFUL JUNE (EVEN IN DIFFICULT TIMES) 2020



MONDAY

1 Decide to look for what's good, even on the difficult days

8 Write a letter to thank someone for what they did

15 Rediscover a fun childhood activity that you can enjoy today

22 Share a happy memory with someone who means a lot to you

29 Take time to do something that makes you happy today

TUESDAY

2 Re-frame a worry and try to find a positive way to respond

9 Find the joy in music today: sing, play, dance or listen

16 Ask a loved one what they feel grateful for at the moment

23 Look for something to be thankful for where you least expect it

30 Make a list of the joys in your life (and keep adding to them)

WEDNESDAY

3 Think of 3 things you're grateful for and write them down

10 Take a photo of something that brings you joy and share it

17 Be kind to you. Treat yourself the way you would treat a friend

24 Thank a friend for the joy they bring into your life

THURSDAY

4 Show your appreciation to those who are helping others

11 Say positive things in your conversations with others today

18 Send a positive note to a friend who needs encouragement

25 Eat food that makes you feel good and really savour it

FRIDAY

5 Smile and be friendly, even while you're social distancing

12 Make a plan with friends to do something fun together

19 Create a list of favourite memories you feel grateful for

26 See the upside in a difficult situation you learnt from

SATURDAY

6 Notice the upsides during the lockdown, however small

13 Appreciate the joy of nature and the beauty in the world around

20 Make time to do something playful today, just for the fun of it

27 Watch something funny and enjoy how it feels to laugh

SUNDAY

7 Find a joyful way of being physically active (indoors or out)

14 Do three things to bring joy to other people today

21 Enjoy trying a new recipe or cooking your favourite food

28 Create a playlist of your favourite songs and enjoy them



"Every day may not be good, but there is something good in every day" ~ Alice Morse Earle

ACTION FOR HAPPINESS



www.actionforhappiness.org

30 actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind

inspire⁺

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