



'Buckminster Bites'

Twitter @BucksPrimSchool

Issue 268 19th June 2020

School is now open to all key worker children and children in Pre-School, reception, year 1 and year 6



Birthdays this week

Happy birthday to Thomas R, Gilbert and Austin. Hope you all had an amazing day.

Weekly Challenge Number 10

Exercise



Please go to our Facebook page to see all the amazing photos.

Stay Active

There are links to Inspire+ physical challenges and exercise routines on the website under Home Learning/#HHA. Take a look and let us know how you get on.

Inspire+ Mini Olympics



Many of us took part in the Inspire+ Virtual Mini Olympics this week both in school and at home. The annual event, which usually takes place at the Meres Leisure Centre, was brought to us virtually, allowing us all to stay involved and get active. Children, families and teachers were able to get involved in a range of sporting activities and challenges set by the Inspire+ Athlete Ambassadors, listen to some words of support and friendship during these different times and watch a fantastic display by freestyle footballer, Stephen Gray.

We hope that you enjoyed getting involved in the event, but don't worry if you missed it, you can still take part as the videos are still available on the Inspire+ website and YouTube page, there is also a certificate to download for those who take part and complete the challenges.

Inspire+ Mini Olympics Banner Competition Reminder



Just a reminder to get your entries in for the Banner Competition. Details of the Competition were emailed out to parents on the 9th June together with the template.

Along with the virtual Mini Olympics this year, Inspire+ is inviting all children from all year groups in the school to enter. Each year, the year group attending the event create a banner to parade around the stadium on behalf of the school, these are then judged to receive 1st, 2nd, and 3rd place.

As there are a few changes to proceedings this year, any child is welcome to enter the competition by creating a banner based on the country that the school has been chosen to represent or by creating a banner celebrating what they have been doing at home during lockdown to keep healthy, happy and active. **Buckminster's country to represent this year is Ukraine.**

If your child wishes to enter the competition, their completed entry needs to be emailed to Mrs Kilius-Smith by Thursday 25th June so that she can send them on to Inspire+ for judging. Email address: charlotte.smith@buckminster.leics.sch.uk. If you can't email your entry across then please place your paper copy through the letterbox at School.

Trim Trail



We are very excited to show you the new trim trail surface which has been installed this week. This is an artificial grass surface which we think has made the area look very neat, tidy and more importantly safe for the children. The surface is much more non-slip than the wet pour surface which had served us well but needed updating.

A message from the PTFA

Hello everyone, we hope you are all well and staying safe.

We just wanted to let you know that although we're unable to hold PTFA events in person at the moment it is still possible to help raise funds without any cost to yourself. The school is registered with easyfundraising, so you can raise FREE donations for us when you do your everyday online shopping. All you have to do is find the retailer you want to shop with on the easyfundraising website or App, shop as usual and the retailer will donate to us when you make a purchase - at no extra cost to you! And if you download the 'reminder' function it does it all for you. You don't even have to remember to log in.

There are over 4000 stores and websites who donate to our charity when you shop online including Amazon, Ebay, Apple, Vodafone, trainline, booking.com and thousands more.

Sign up for free at:

https://www.easyfundraising.org.uk/causes/buckminstercpschoolbuckminster/?utm_campaign=raise-more&utm_content=s-n3

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A huge THANK YOU to all of those already using easyfundraising
We really appreciate each donation

Whole School Art Project

We would like to produce a couple of art projects involving all children from school and Pre-School. These projects will depict life in lockdown and create a whole load of memories we can display and keep for many years to come.

Both projects can be done at home quite easily and brought to school when you are next in.

Project 1



Pebble painting

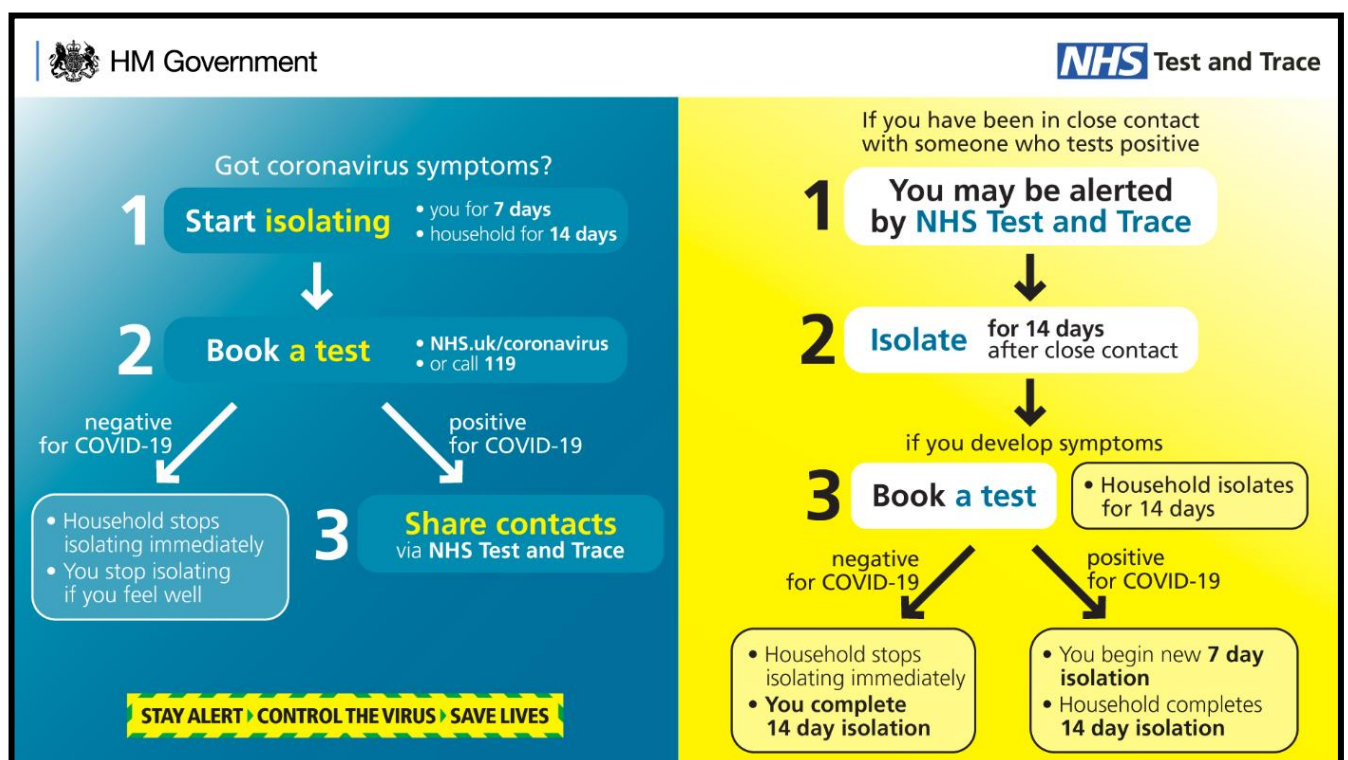
Project 2

This is just a simple photo (your favourite one) of you/family during lockdown. We will then use the photos to create one large canvas which will be displayed in the school.

Please email or post your photo to Mrs Clarke who will collate and send to a friend who does canvas art. **Can I have your photo by 10th July please if you would like to be on the canvas.**



Government Test and Trace Information





JOYFUL JUNE (EVEN IN DIFFICULT TIMES) 2020



MONDAY

1 Decide to look for what's good, even on the difficult days

8 Write a letter to thank someone for what they did

15 Rediscover a fun childhood activity that you can enjoy today

22 Share a happy memory with someone who means a lot to you

29 Take time to do something that makes you happy today

TUESDAY

2 Re-frame a worry and try to find a positive way to respond

9 Find the joy in music today: sing, play, dance or listen

16 Ask a loved one what they feel grateful for at the moment

23 Look for something to be thankful for where you least expect it

30 Make a list of the joys in your life (and keep adding to them)

WEDNESDAY

3 Think of 3 things you're grateful for and write them down

10 Take a photo of something that brings you joy and share it

17 Be kind to you. Treat yourself the way you would treat a friend

24 Thank a friend for the joy they bring into your life

THURSDAY

4 Show your appreciation to those who are helping others

11 Say positive things in your conversations with others today

18 Send a positive note to a friend who needs encouragement

25 Eat food that makes you feel good and really savour it

FRIDAY

5 Smile and be friendly, even while you're social distancing

12 Make a plan with friends to do something fun together

19 Create a list of favourite memories you feel grateful for

26 See the upside in a difficult situation you learnt from

SATURDAY

6 Notice the upsides during the lockdown, however small

13 Appreciate the joy of nature and the beauty in the world around

20 Make time to do something playful today, just for the fun of it

27 Watch something funny and enjoy how it feels to laugh

SUNDAY

7 Find a joyful way of being physically active (indoors or out)

14 Do three things to bring joy to other people today

21 Enjoy trying a new recipe or cooking your favourite food

28 Create a playlist of your favourite songs and enjoy them



"Every day may not be good, but there is something good in every day" ~ Alice Morse Earle

ACTION FOR HAPPINESS



www.actionforhappiness.org

30 actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind