

This week's merit certificates are awarded to;
All the children who are working hard at home during Lockdown
Certificate to print is attached at the bottom



'Buckminster Bites'

Twitter @BucksPrimSchool

Issue 262 1st May 2020

School Closed from Friday 20th March 2020
Until further notice.



Birthdays

Each week we will be listing all those who have a birthday around this time and wish them a very happy birthday.

So far during Lockdown we have had: Cezary, Devon, Leo, Brooke, Sam R, Freya, Rupert, Rose and Charlotte. Hope you all had wonderful birthdays.

This coming week we say happy birthday to Alfie Z

Microwave!



Does anybody have a lonely microwave which would like a new home please?!

The one in School has served us well but we would be very grateful if anybody has a second hand microwave they would like to donate to us. Thank you very much.

Year 3/4 Space project



Holly with her galactic mobile that she made for the space project.

Year 5/6 - Maya Civilisation

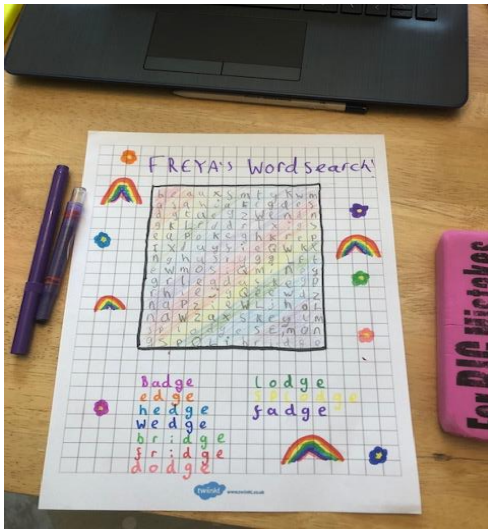


Ben prepared a short quiz on the Maya civilisation. It is sports themed!

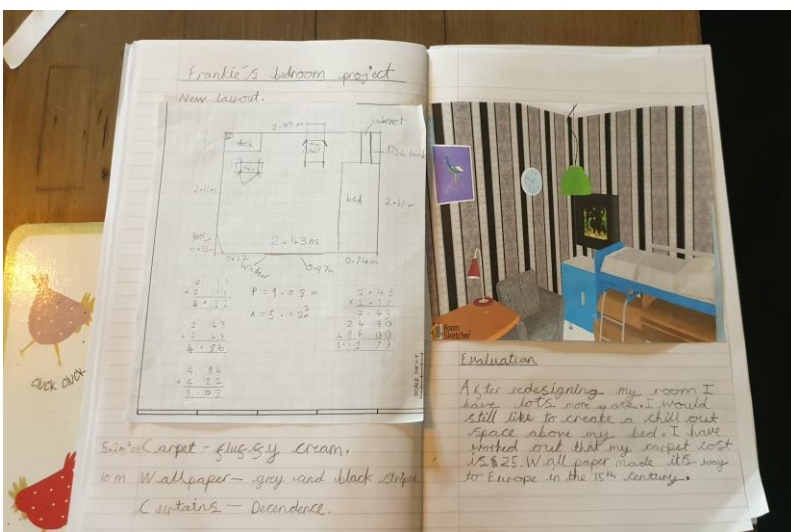
Making bread. Mrs O asked Danny and Grace to design their own bread using pictures they found about Mayan art and culture. Danny made an extended skull and Grace a jaguar. Danny and Grace found out about why both feature in Mayan culture.



Charlie and his brother Sam and his mum have made these fantastic Greek masks. They look amazing!



Freya has made her own brilliant 'dge' wordsearch. Enlarge this photo and see how many words you can find. Thanks Freya



Francesca and Bonnie have continued with last week's project and designed brilliant bedrooms. It looks like they needed to use their maths and English skills to complete the job.



Weekly Challenge Number 4

Exercise

Please go to our Facebook page to see all the amazing photos of children and families exercising.

Col Tom Moore's 100th Birthday



Alexander completed 100 laps around the house on his bike; Benjamin 100 scooter jumps and 100 flips and back drops on the trampoline and Henley has completed 100 football tricks/drills!

Sonny did 100 flips on the trampoline and Lily 100 jumps and back up to standing!

Well done to Molly too for bouncing 100 times on her trampoline.



An action shot of Sam doing 100 star jumps!

VE Day Celebrations

As we are unable to celebrate VE day as we would have wanted this year. LTS Catering Services have been in touch (who supply our hot School Dinners) with a Competition for the children to design a Tea Towel. The winner will have their tea towel professionally printed and will win a cream tea for 4 people at Beaumanor Hall. This Competition is for all of the

Leicestershire Schools to take part. We emailed you at the start of this week with the Competition Entry sheet and a recipe for Homity Pie. If you cannot scan your Competition Entry at home then please post it through the School letterbox and we will scan and send it for you.



Leicestershire
Traded Services

Homity Pie

Serves: 6—8 Prep Time: 20 mins
Cook Time: 30—45 mins

Method

- Put the flour and butter in a food processor and blend until the mixture resembles fine breadcrumbs. Add the egg and pulse until the mixture just comes together as a dough. Bring the dough together and flatten into a round.
- Put the pastry in the centre of a 20cm/8in springform cake tin and carefully ease it over the base and up the sides of the tin.
- Cook the potatoes in boiling water for 15 minutes, or until just tender. Drain in a colander, tip back into the saucepan and cut into 3cm/1¼in pieces with a round-bladed knife.
- Melt the butter and oil in a frying pan and fry the onions gently for 15 minutes, or until soft and pale golden brown. Add the garlic and cook for two further minutes, stirring regularly.
- Preheat the oven to 200C/380C (fan)/Gas 6.
- Add the onions and garlic to the potatoes and sprinkle with 100g/3½oz of the cheese and the parsley. Add the spinach leaves and season with nutmeg, salt and freshly ground black pepper. Mix all the ingredients together until well combined.
- Spoon the filling mixture into the pastry case. Pour over the cream and allow it to drizzle down between the layers. Sprinkle the remaining cheese on top. Place the tin on a baking tray and bake in the oven for 40-45 minutes, or until the pastry is crisp and pale golden brown.
- Leave the pie to cool in the tin for 10 minutes. Remove the pie from the tin and place it on a serving plate. Cut into thick wedges with a sharp knife.

Ingredients

Pastry

- 125g/4oz plain flour, plus extra for rolling
- 125g/4oz wholemeal flour
- 150g/5oz butter
- 1 free-range egg, beaten

Filling

- 850g/1lb 14oz floury potatoes, such as Maris Piper or King Edward, peeled and cut into quarters
- 25g/1oz butter
- 1 tbsp sunflower oil
- 3 onions, halved and sliced
- 2 garlic cloves, crushed
- 100g/3½oz baby spinach leaves
- 175g/6oz mature cheddar cheese, coarsely grated
- 2 tbsp chopped fresh parsley leaves
- 250ml/9fl oz double cream
- pinch freshly grated nutmeg
- flaked sea salt and freshly ground black pepper



LTS Catering Services



Theme your design around celebrating 75 years of the (VE) Victory in Europe

YOUR NAME: _____
SCHOOL: _____
EMAIL: _____
YOUR AGE: _____

The winner will have their tea towel professionally printed and win a cream tea for 4 people at Beaumanor Hall.

To submit your entry scan and email your design to gemma.davies@leics.gov.uk
Entries must be received by 22nd May 2020 and the winner will be announced 2nd June 2020. Good luck and get creative!

Draw your design here!

Mental Health

There are now a lot of resources and information in the Home Learning section on our website home page. There are books, videos and info for parents and children including transition activities for year 6 children.

Help at home

Please remember to use the useful information in your child's home school diary whilst you are at home. It has handwriting, spelling/phonics, reading and maths tips and much more. If you are struggling to maintain a routine, here is a useful link/video which might help.

https://educationendowmentfoundation.org.uk/public/files/videos/EEF_Supporting_daily_routines_during_school_closures.mp4

Other useful tips for supporting reading and talking please go to:

<https://educationendowmentfoundation.org.uk/covid-19-resources/support-resources-to-share-with-parents/>

There is a new link to E safety on our website under Home Learning.

Battery Recycling



Our battery buckets have now been emptied so please continue to collect your used batteries at home for recycling. Once we are open again we can re-fill the buckets! Thank you.

Physical activity for children and young people (5–18 Years)



BUILDS
CONFIDENCE &
SOCIAL SKILLS



DEVELOPS
CO-ORDINATION



IMPROVES
CONCENTRATION
& LEARNING



STRENGTHENS
MUSCLES
& BONES



IMPROVES
HEALTH
& FITNESS



MAINTAINS
HEALTHY
WEIGHT



IMPROVES
SLEEP



MAKES
YOU FEEL
GOOD

Be physically active

Spread activity
throughout
the day

All activities
should make you
breathe faster
& feel warmer



PLAY



RUN/WALK



BIKE



ACTIVE TRAVEL



SWIM



SKATE



SPORT



PE



SKIP



CLIMB



WORKOUT



DANCE

Include muscle
and bone
strengthening
activities

3 TIMES
PER
WEEK



LOUNGING

Sit less

Move more

Find ways to help all children and young people accumulate
at least 60 minutes of physical activity everyday

UK Chief Medical Officers' Guidelines 2011 Start Active, Stay Active: www.bit.ly/startactive

This is nice to look at and may help you get through these tough times.




ACTION CALENDAR: MEANINGFUL MAY 2020




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <p>"Start Where You Are. Use What You Have. Do What You Can" ~ Arthur Ashe</p>				<p>1 Take a minute to remember what really matters to you and why</p>	<p>2 Do something meaningful for someone you really care about</p>	<p>3 Reconnect with nature today, even if you're stuck indoors</p>
<p>4 Focus on what you can do rather than what you can't do</p>	<p>5 Send friends a photo of a time you all enjoyed together</p>	<p>8 Take a step towards one of your life goals, however small</p>	 <p>7 Let someone you love know how much they mean to you</p>	<p>8 Set yourself a kindness mission. Give your time to help others</p>	<p>9 Look out for positive news and reasons to be cheerful today</p>	<p>10 Tell someone about why your favourite music means a lot to you</p>
<p>11 What are your most important values? Use them today</p>	<p>12 Be grateful for the little things, even in difficult times</p>	<p>13 Today do something to care for the natural world</p>	<p>14 Show your gratitude to people who are helping to make things better</p>	<p>15 Find out about the values and traditions of another culture</p>	<p>16 Look around you and notice five things you find meaningful</p>	<p>17 Take a positive action to help in your local community</p>
<p>18 Hand-write a note to someone you love and send them a photo of it</p>	<p>19 Find a way to craft what you are doing to give it more meaning</p>	<p>20 Reflect on what makes you feel really valued and appreciated</p>	<p>21 Share photos of 3 things you find meaningful or memorable</p>	<p>22 Ask a loved one or colleague what matters most to them and why</p>	<p>23 Share an inspiring quote with others to give them a boost</p>	<p>24 Do something special today and revisit it in your memory tonight</p>
<p>25 Give your time to help a project or charity you care about</p>	<p>26 Recall three things you've done that you are really proud of</p>	<p>27 Today link your decisions and choices to your purpose in life</p>	<p>28 Tell someone about an event in your life that was really meaningful</p>	<p>29 Think about how your actions make a difference for others</p>	<p>30 Find three good reasons to be hopeful about the future</p>	<p>31 Look up at the sky. Remember we are all part of something bigger</p>







ACTION FOR HAPPINESS

www.actionforhappiness.org

31 actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind



The Week's Merit Award
goes to

Anyone between the ages of 3 and 11
For
Staying safe at home and for working hard.
Well done

Date 1st May 2020

Headteacher: Mrs Clarke

